

# 30 Day Challenge To MY IDENTITY IN CHRIST

*Congratulations!*

By beginning this challenge, you've just taken your first step to understanding who you are in Christ.

**Today is Day 1.** Familiarize yourself with the process described below. I recommend that each morning and evening you meditate as follows:

## **Morning Meditation**

- **3-5 minutes – Be Still Moment.** Meditate on how God is speaking to you regarding your need to be still.
- **3-5 minutes – Record Your Meditation Revelations.** Record whatever messages, answers, and/or questions that God revealed to you during your Be Still Moment. Use your personal journal the **Meditation Revelations** section of this journal.
- **3-5 minutes - In God's Word.** Meditate on the Biblical text provided each day. Read and re-read the scripture in different translations. Write the scripture in a way that's meaningful to you. Use your personal journal or the **In Your Words** section of this journal.
- **3-5 minutes – Meditation Affirmation.** After you've meditated on God's Word and have written His Words in your heart, speak God's Word and His promises over your life. Affirm God's goodness and power. Envision yourself as still and quiet and in God's presence. Repeat the affirmation a few times then write it out. Use your personal journal or the **Meditation Affirmation** section in this journal.
- **5-10 minutes - In Prayer.** Use this time to pray over the scripture, the revelations received, the affirmations made and ask God to set your intentions of being in God's presence for the day.

## **Evening Meditation**

- **2-3 minutes - In Prayer.** Use this time to thank God for bringing you through another day as one who is connected and in the presence of God and pray over the scripture again.
- **3-5 minutes – Today I Was Still.** Spend a few minutes recording messages, answers, manifestations, and/or revelations received throughout the day in reference to the scripture and the affirmation. Note at least one way in which you spent time in God's presence. Use your personal journal or record your reflections in the **Today I Was In God's Presence** section in the journal pages below.
- **2-3 minutes - In Prayer.** Pray over the scripture, and ask God to go before you, prepare your tomorrow, and to continue transforming you into one who is able to be still in God's presence.

Then spend time in prayer, asking God to help you see yourself as He sees You. Ask Him to change you, transform you, take away the negative, toxic thoughts and to walk as one who is worthy. Commit to this journey. Expect the unexpected. And praise God now in anticipation of your valued life to come!

*From My Royal Heart to Yours!!!*

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Genesis 1:27 - So God created man in His own image; in the image of God He created him; male and female He created them.

Meditation Revelations: \_\_\_\_\_  
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Genesis 1:27 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
I am created in the image of God.

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

2 Corinthians 5:17 - Therefore, if anyone is in Christ, [s]he is a new creation; old things have passed away; behold all things have become new.

Meditation Revelations: \_\_\_\_\_  
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2 Corinthians 5:17 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am a new creation! The old is gone, and behold I'm brand new!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Ephesians 2:10 – For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.

Meditation Revelations: \_\_\_\_\_

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Ephesians 2:10 In Your Words: \_\_\_\_\_

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## Meditation Affirmation:

I am God's masterpiece, created to do good!

Your Personal Affirmation: \_\_\_\_\_

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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

1 Peter 2:9 - For you are a royal chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of the darkness into His marvelous light.

Meditation Revelations: \_\_\_\_\_  
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1 Peter 2:9 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am chosen, holy and royalty! I will rock my crown well!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

BIBLE TEXT:

# 30 Day Challenge To MY IDENTITY IN CHRIST

Bible Text:

John 1:12 - But as many as received Him, to them He gave the right to become children of God, to those who believe in His name.

Meditation Revelations: \_\_\_\_\_  
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John 1:12 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
I am a child of God!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

2 Corinthians 5:21 - For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.

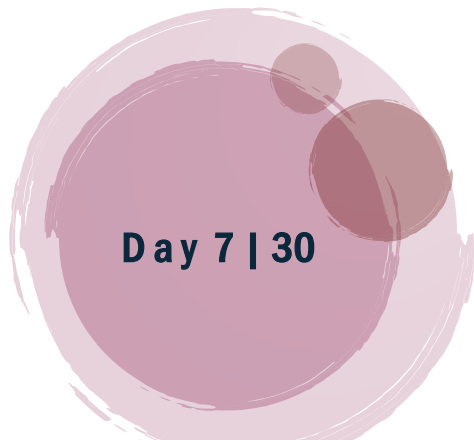
Meditation Revelations: \_\_\_\_\_  
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2 Corinthians 5:21 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
I am the righteousness of God through Christ!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:



# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

John 15:5 - "I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."

Meditation Revelations: \_\_\_\_\_  
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John 15:5 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am an extension of Christ, the vine, and apart from Him I can do nothing!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:



# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

John 15:15 - No longer do I call you servants...but I have called you friends, for all things that I heard from My Father, I have made known to you.

Meditation Revelations: \_\_\_\_\_  
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John 15:15 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am a friend of Christ who reveals all things of the Father to me!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Romans 8:17 - And if children, then heirs - heirs of God and joint heirs with Christ, if indeed we suffer with Him, that we may also be glorified together.

Meditation Revelations: \_\_\_\_\_  
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Romans 8:17 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am a joint heir with Christ to all that God has promised!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

1 John 4:4 - You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.

Meditation Revelations: \_\_\_\_\_  
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1 John 4:4 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am an overcomer because the One in me is greater than he who is in the world

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

1 John 5:18 - We know that whoever is born of God does not sin, but he who has been born of God keeps himself, and the wicked one does not touch him.

Meditation Revelations: \_\_\_\_\_  
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1 John 5:18 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
Through Christ, I do not continue to sin!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Colossians 3:12 – Therefore, as the elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering;

Meditation Revelations: \_\_\_\_\_  
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Colossians 3:12 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

As God's chosen one, who is holy and beloved, I am adorned with tender mercies, kindness, humility, meekness, and longsuffering.

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Ephesians 1:7 - In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace...

Meditation Revelations: \_\_\_\_\_  
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Ephesians 1:7 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am redeemed through the blood of Jesus and my sins are forgiven according to the riches of God's grace.

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Romans 8:37 - Yet in all these things we are more than conquerors through Him who loved us.

Meditation Revelations: \_\_\_\_\_  
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Romans 8:37 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
I am more than a conqueror!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Psalm 139:14 - I will praise You, for I am fearfully and wonderfully made; marvelous are Your works, and that my soul knows very well.

Meditation Revelations: \_\_\_\_\_  
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Psalm 139:14 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I praise God because I am remarkably and wonderfully made!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:



# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Ephesians 4:24 – and that you put on the new man which was created according to God, in true righteousness and holiness.

Meditation Revelations: \_\_\_\_\_  
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Ephesians 4:24 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am a new creation, created by God for righteousness and holiness.

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Isaiah 61:3 - To console those who mourn in Zion, to give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the Lord, that they may be glorified.

Meditation Revelations: \_\_\_\_\_  
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Isaiah 61:3 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I have been given beauty for ashes, joy for sorrow and a spirit of praise for hardship!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

1 Peter 3:4 - Rather let it be the hidden person of the heart, with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God.

Meditation Revelations: \_\_\_\_\_  
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1 Peter 3:4 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I have the incorruptible beauty of a gentle and quiet spirit, which pleases God!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Galatians 5:1 - Stand fast therefore in the liberty by which Christ has made us free, and do not be entangled again with a yoke of bondage.

Meditation Revelations: \_\_\_\_\_  
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Galatians 5:1 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am free, no longer entangled with a yoke of bondage.

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Matthew 5:14 – You are the light of the world. A city that is set on a hill cannot be hidden.

Meditation Revelations: \_\_\_\_\_  
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Matthew 5:14 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
I am the light of the world!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

1 Corinthians 15:57-58 -But thanks be to God, who gives us the victory through our Lord Jesus Christ. Therefore...be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.

Meditation Revelations: \_\_\_\_\_  
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1 Corinthians 15:57-58 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I have victory through Jesus, therefore, I am steadfast, immovable, and always working for the Lord!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Isaiah 43:1 - But now, thus says the Lord, who created you... "Fear not, for I have redeemed you; I have called you by your name; You are mine."

Meditation Revelations: \_\_\_\_\_  
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Isaiah 43:1 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
I am redeemed! God calls me by name and I am His!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

2 Samuel 22:30 - For by you I can run against a troop; by my God I can leap over a wall.

Meditation Revelations: \_\_\_\_\_  
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2 Samuel 22:30 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am God's superwoman. I can run against a troop; by my God I can leap over a wall.

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:



# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Isaiah 62:4 - You shall no longer be termed forsaken...but you shall be called Hephzibah...for the Lord delights in you...

Meditation Revelations: \_\_\_\_\_  
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Isaiah 62:4 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

My name is no longer forsaken. I am now called God's daughter whose delight is in me!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

1 Corinthians 6:19 - Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?

Meditation Revelations: \_\_\_\_\_  
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1 Corinthians 6:19 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

My body is a temple of the Holy Spirit who lives in me!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

Titus 2:12 – Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly in the present age...

Meditation Revelations: \_\_\_\_\_  
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Titus 2:12 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
I live soberly, righteously, and godly!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

2 Corinthians 3:3 - Clearly you are an epistle of Christ, ministered by us, written not with ink but by the Spirit of the Living God, not on tablets of stone but on tablets of flesh, that is the heart.

Meditation Revelations: \_\_\_\_\_  
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2 Corinthians 3:3 In Your Words: \_\_\_\_\_  
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## Meditation Affirmation:

I am a story of Christ, a story not written on stone but written by the Spirit of the Living God upon my heart!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

## BIBLE TEXT:

2 Corinthians 5:20 - Now then, we are ambassadors for Christ, as though God were pleading through us: we implore you on Christ's behalf, be reconciled to God.

Meditation Revelations: \_\_\_\_\_  
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2 Corinthians 5:20 In Your Words: \_\_\_\_\_  
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Meditation Affirmation:  
I am an ambassador for Christ!

Your Personal Affirmation: \_\_\_\_\_  
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TODAY I WAS STILL:

# 30 Day Challenge To MY IDENTITY IN CHRIST

PRAISE GOD! YOU HAVE  
WORTH IN CHRIST JESUS!

On this your final day of growing in THE image of God, spend your time in prayer and praise! Praise God for the showing you who you are in Him.

Dear Heavenly Father, I praise You because You created me! Before the mountains were brought forth, or ever You had formed the earth and the world, even from everlasting to everlasting, You are God (Psalm 90:2).

You, my everlasting God, my Lord, the Creator of the ends of the earth, neither faints nor is weary. Your understanding is unsearchable ( Isaiah 40:28) and for this I give You praise!! Lord, I want to be more like You! I want to walk like You, talk like You, think like You! I want to respond to the world with Your gentleness and grace. I want to reign and rule, create, and cultivate under Your authority. So help me remain connected to Thee so that I live as a true image bearer of You!!

Help me use my skills, gifts and talents to present Your message of love, hope and salvation in a way that draws others to You. Help me commit all of my work to You and to strive for Your approval only. And where I am weak, cover me, for Your grace is sufficient and may your strength be made perfect in my weakness (2 Corinthians 12:8-10). Help me not grow weary in doing good (Galatians 6:9). Help me to use these skills to glorify You and to carry out Your good work (Matthew 5:16).

**I claim a quiet, peaceful, calm, and still life in the mighty name of Jesus, Amen!**

Give God your prayer of praise for His transformational power in your journey.

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From My Fearless Heart to Yours!!!

Davenia