



# Starting a Prayer Group

*And whatever you ask in prayer, you will receive, if you have faith. Matthew 21:22*

**We know there is power in prayer** and a prayer group provides the opportunity for others to collectively share their needs, share their praises, and stand in the gap on behalf of others. A prayer group can be especially beneficial for women, providing them a way to connect with like-minded women as well as with their Heavenly Father as well as a way to feel supported.

## Tips for Getting Started:

- ❖ Determine who the prayer group would be most beneficial for (women, parents, anyone, etc.)
- ❖ Determine the format (will you meet face-to-face, will it be virtual/online, will it be a prayer line)
- ❖ Determine the structure (will you pray according to a certain theme, certain scripture, based on needs of the participants, around a topical book, etc.)
- ❖ Determine the time and day (will be for an hour, for 20 min, or anytime during a block of time, will it be mornings or evenings or on a weekday or weekend)
- ❖ Identify the group facilitator
- ❖ Recruit by sharing your belief that there is power in prayer – how has prayer made a difference for you
- ❖ Set guidelines (confidential, no pressure to pray, can participants be anonymous, etc.)
- ❖ Be consistent (opening prayer/devotional/ sharing/closing prayer or opening prayer/book discussion/sharing collective prayers, etc.)
- ❖ Be sure to follow-up on requests and give praise for answered prayers

*Then they cried to the LORD in their trouble, and he delivered them from their distress. He made the storm be still, and the waves of the sea were hushed. Psalm 107:28-30*